

CADEMICIA

ISSN (online) : 2249-7137

ACADEMICIA

An International Multidisciplinary Research Journal





Published by

South Asian Academic Research Journals A Publication of CDL College of Education, Jagadhri (Affiliated to Kurukshetra University, Kurukshetra, India)



ACADEMICIA

An International Multidisciplinary Research Journal

ISSN (online) : 2249 -7137

Editor-in-Chief: Dr. B.S. Rai

Impact Factor

: SJIF 2020 = 7.13

Frequency

: Monthly

Country

: India

Language

: English

Start Year

: 2011

Indexed/ Abstracted : Scientific Journal Impact Factor (SJIF2020 - 7.13), Google Scholar, CNKI Scholar, EBSCO Discovery, Summon (ProQuest), Primo and Primo Central, I2OR, ESJI, IIJIF, DRJI, Indian Science and ISRA-JIF

and Global Impact Factor 2019 - 0.682

E-mail id:

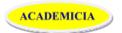
saarjjournal@gmail.com

VISION

The vision of the journals is to provide an academic platform to scholars all over the world to publish their novel, original, empirical and high quality research work. It propose to encourage research relating to latest trends and practices in international business, finance, banking, service marketing, human resource management, corporate governance, social responsibility and emerging paradigms in allied areas of management including social sciences, education and information & technology. It intends to reach the researcher's with plethora of knowledge to generate a pool of research content and propose problem solving models to address the current and emerging issues at the national and international level. Further, it aims to share and disseminate the empirical research findings with academia, industry, policy makers, and consultants with an approach to incorporate the research recommendations for the benefit of one and all.



| 65. | THE INFLUENCE OF THE CULTURE OF PASTORALIST TRIBES ON THE USTRISHONA (ON THE EXAMPLE OF BURIAL GROUNDS, STUDIED ON THE TERRITORY OF TAJIKISTAN) Furgat Eshboevich Toshboev, Tugalov Bobur Bahodir ogli | 10.5958/2249-7137.2020.01506.2 |
|-----|---|--------------------------------|
| 66. | THE PROTEIN PROBLEM AND SOME OF ITS SOLUTIONS Ibragimov Odiljon Olimjonovich, Yigitaliev Dilmurod Tolqin ogli | 10.5958/2249-7137.2020.01382.8 |
| 67. | ZEOLITE DRYING ADSORBER - DEVELOPMENT OF A SCHEME FOR USING "DRY GAS" FROM THE STABILIZATION UNIT IN THE PROCESS OF NaX REGENERATION Jumabovev Alisher Gofurovich. | 10.5958/2249-7137.2020.01383.X |
| | Sodikov Usmonali Xudoberganovich | |
| 68. | ECONOMIC SECURITY AND SOCIAL PROTECTION OF THE POPULATION IN THE CONDITIONS OF THE GLOBAL PANDEMIC IN UZBEKISTAN | 10.5958/2249-7137.2020.01442.1 |
| | Jumagulov Zamir Islomovich | |
| 69. | STUDY OF PROPERTIES AND METHODS OF CARBON-CONTAINING RAW MATERIAL ACTIVATION | 10.5958/2249-7137.2020.01354.3 |
| | Karabayeva Muslima Iftixorovna | |
| 70. | PROBLEMS OF PRESERVATION, PROTECTION OF HISTORICAL AND CULTURAL MONUMENTS IN UZBEKISTAN (1980- 1990s) | 10.5958/2249-7137.2020.01611.0 |
| | M. F. Rasulov | |
| 71. | "YOU DON'T KNOW US!" -RESEARCH WITH THE TRANSGENDER COMMUNITY IN CHENNAI, INDIA | 10.5958/2249-7137.2020.01320.8 |
| | Lydia VK Pandian | |
| 72. | THE QUALITY OF EDUCATION AS A MULTI-ASPECT PHENOMENON Temirov Dilshod Sheraliyevich | 10.5958/2249-7137.2020.01384.1 |
| 73. | A PECULIAR ASPECT OF THE ORGANIZATION OF DISTANCE MATHEMATICS LESSONS | 10.5958/2249-7137.2020.01385.3 |
| | Zaynitdinova Masuda Abdukadirovna | |
| 74. | BORROWED PLANT NAMES IN THE LEXIS OF BUKHARA OGHUZ DIALECTS | 10.5958/2249-7137.2020.01409.3 |
| | Allaberdiev Alijon Avezberdievich | |
| 75. | CATALOG OF TRAINING TASKS FOR TRAINING SPECIAL ENDURANCE OF YOUNG GIRL HANDBALL PLAYERS | 10.5958/2249-7137.2020.01410.X |
| | A.K. Ibragimov | |
| 76. | METHODOLOGY OF APPLICATION GAMES IN THE TRAINING OF YOUNG ATHLETES | 10.5958/2249-7137.2020.01411.1 |
| | Mehriddin Junaydulloevich Abdullaev | |
| 77. | PROFESSIONAL COMPETENCE OF THE SPECIALIST IN PHYSICAL CULTURE | 10.5958/2249-7137.2020.01412.3 |
| | Farhod Fazliddinov | |

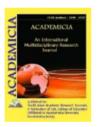




ACADEMICIA

An International Multidisciplinary Research Journal

(Double Blind Refereed & Peer Reviewed Journal)



DOI: 10.5958/2249-7137.2020.01412.3

PROFESSIONAL COMPETENCE OF THE SPECIALIST IN PHYSICAL CULTURE

Farhod Fazliddinov*

*The Faculty of Physical Culture, Bukhara State University, UZBEKISTAN

ABSTRACT

The article discusses the professional and psychological competence of a teacher, the role of the readiness of a specialist in physical culture and sports, generalized algorithms of pedagogical activity, the tasks facing a specialist in physical culture and sports, as well as research methods and levels of professional and psychological competence achieved within the framework of existing educational practice ... In particular, you cannot learn to maintain discipline in the gym or on the playground without going through teaching practice.

KEYWORDS: Teacher Competence, Professional And Psychological Competence Of A Specialist, A Specialist In Physical Culture And Sports, Mastering The Basic Algorithms Of Pedagogical Activity.

INTRODUCTION

The professional and psychological competence of a teacher in the scientific and methodological literature is characterized as a unity of theoretical, practical, psychological readiness for the implementation of pedagogical activities. In the field of higher education, the main educational value is professional and psychological competence, which ideally implies a specialist's possession of the entire set of cultural, including purely professional, samples known to date in this area of human activity. In accordance with this approach, the professional-psychological competence of a specialist is characterized as his readiness to implement various algorithms of pedagogical activity, and the formation of professional-psychological competence should be considered as the main task of higher pedagogical education [1; p.180]



... It seems to us that in the structure of professional and psychological competence of a future specialist in physical culture and sports, it is necessary to highlight the main types of activities of a specialist [2; p.17]:

- Information and orientation;
- Modeling;
- Mobilization;
- -Translational;
- Control and assessment;
- Analytical;
- Corrective.

To carry out these types of professional pedagogical activity, it is necessary to form the following components of the readiness of a specialist in physical culture and sports:

- Operational and technological;
- Scientific and theoretical (cognitive);
- Psychological (motivational-value).

Such an approach to determining the structure of the professional and psychological competence of a future specialist in physical culture and sports allows not only to implement a systemic and interdisciplinary approach to solving a complex and multifaceted question about the possible content of the professional and psychological competence of a future specialist in physical culture and sports, but also to determine levels of mastering the algorithms of pedagogical activity.

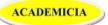
Generalized algorithms of pedagogical activity, in fact reflecting the functional content of the content of the concept of "professional and psychological competence of a future specialist in physical culture and sports", admit further reduction to a set of algorithms called pedagogical abilities, and "this reduction has a significant pragmatic meaning, primarily in terms of isolating those pedagogical abilities that can be developed in other (non-pedagogical) types of activities (educational and cognitive, etc.). In accordance with this approach, it is quite permissible to consider information-orientational activity as a set of its individual algorithms. It is also clear that this skill can be acquired (in fact, it is acquired) outside the framework of the informationorientational activity of a specialist [3; p.279]. At the same time, mastering by the subject of most of the algorithms of mobilization activity is simply impossible outside the framework of this activity. In particular, you cannot learn to maintain discipline in the gym or on the playground without going through teaching practice. As you know, within the framework of the existing educational practice of training future specialists, the broadcast of algorithms, the success of the development of which, in principle, cannot be verified outside the framework of the pedagogical activities carried out in the course of students' pedagogical practice, during which, for obvious reasons, the student does not carry out the named activity, but its imitation (good or bad is another matter). The above allows, in our opinion, to determine the qualitative basis of the next levels of mastering the algorithms of professional activity of a future specialist in physical culture and sports [4; p.864]:



- 1. Content-personal, achievement, which presupposes the formation of the necessary knowledge and mental abilities necessary for the implementation of the algorithms of pedagogical activity, in the absence of the practice of using this algorithm.
- Scientific-theoretical, an achievement that presupposes the formation of the necessary knowledge and skills to perceive, analyze information, make decisions and model activities in specially created pedagogical situations.
- 3. Simulation and activity, an achievement which presupposes the successful mastering of algorithms of pedagogical activity within the framework of certain models of pedagogical activity (pedagogical practice).
- 4. Professional-activity, the achievement of which involves the development of algorithms of pedagogical activity in the framework of the professional activity of a specialist in physical culture and sports. The specified structure allows us to understand the sequence of mastering the basic algorithms of pedagogical activity. And to determine the levels of professional and psychological competence achieved within the framework of existing educational practice.

LITERATURE:

- Akramova G. R. Modern approaches to the development of critical thinking of students. European Journal of Research and Reflection in Educational Sciences Vol. 7 No. 11, 2019 ISSN 2056-5852.
- Akramova Gulbakhor Renatovna. Psychological and pedagogical foundations for the development of critical thinking of students. Academicia: An International Multidisciplinary Research Journal Year: 2020, Volume: Vol. 10, Issue 4. First page: (581) Last page: (584) Online ISSN: 2249-7137. Article DOI: 10.5958/2249-7137.2020.00184.6
- Azimovna Fatullayeva Muazzam, Ashrapovich Narzullayev Farrux. Motivation of students to do sports as part of physical education classes ACADEMICIA: An International Multidisciplinary Research Journal. Year: 2020, Volume: 10, Issue: P: 1446-1450. Online ISSN: 2249-7137. Article DOI: 10.5958/2249-7137.2020.00344.4
- 4. Kadirov Shokhrukh Nematovich, Abduyeva Sitorabonu Savriddin kizi, Fatullayeva Muazzam Azimovna, Kurbanov Shukhrat Kuldoshevich. <u>USING OF INNOVATION TERMS IN PHYSICAL EDUCATION AND SPORT LESSONS AND THEIR SOCIAL AND EDUCATIONAL FEATURES</u>. *Journal of Critical Reviews*. doi: 10.31838/jcr.07.06.84. 2020; 7(6): 470-471.
- Kasimova Zebo Khamidovna. Application of interactive methods in teaching psychology. Academicia: An International Multidisciplinary Research Journal https://saarj.com. Year: 2020, Volume: 10, Issue: 9. P. 197-205. Article DOI: 10.5958/2249-7137.2020.01046.0
- Matveev L P Fundamentals of sports training: textbook. manual for institutes nat. culture. M.: Physical culture and sport, 2017.280 p.
- Mirzayeva Sayyora Rustamovna. Psychological features of attitudes of students to their own health in conflict situations. journal of critical reviews. ISSN- 2394-5125 VOL 7, ISSUE 17, 2020. http://www.jcreview.com/?sec=cissue.



- Nematovich KS, Savriddinkizi, AS, Azimovna F. M, Kuldoshevich K. S. Using of innovation terms in physical education and sport lessons and their social and educational features. JournalofCriticalReviews 2020;7(6):470-471. doi:10.31838/jcr.07.06.84.
- Ozolin N. G. Handbook of the trainer: Science to win. Moscow: Astrel Publishing House LLC; LLC "AST Publishing House", 2018.863 p.
- Safarov Firuz Sulaymonovich, Istamova Shohida Maqsudovna. TYPES OF LEXICAL MEANINGS. Journal of Critical Reviews. 2020; 7(6): 481-484.
- 11. Samarova Shoxista Rabidjanovna, Rakhmonova Muqaddas Qahramanovna, Mirzarahimova Gulnora, Ikromovna, Maratov Temur Gayrat ugli, Kamilov Bobir Sultanovich. Psychological aspects of developingcreative personality and the concept of developing to intellect. JCR. 2020; 7(17): 498-505.doi: 10.31838/jcr.07.17.69
- 12. Solovyev G. M., Belova L. V. Training of specialists in the field of physical culture for the implementation of health-saving pedagogical activity: Moscow: Ileksa, 2017.180 p.
- Streltsov V. A. Physical culture in the context of students' personal development // Theory and practice of physical culture. 2018.No4. S. 16–20.
- 14. Ибрагимов А. Х. Оценка эффективности системы раннего оповещения о сильных землетрясениях в условиях редкой сети сейсмических станций. DOI: https://doi.org/10.33408/2519-237X.2020.4-3.280 УДК 550.34.03. https://cyberleninka.ru/article/n/otsenka-effektivnosti-sistemy-rannego-opovescheniya-o-silnyh-zemletryaseniyah-v-usloviyah-redkoy-seti-seysmicheskih-stantsiy
- 15. Кадиров III.H. РАЗВИТИЕ ЖЕНСКОГО СПОРТА В УЗБЕКИСТАНЕ [DEVELOPMENT OF WOMEN'S SPORTS IN UZBEKISTAN] // INTERNATIONAL SCIENTIFIC REVIEW OF THE PROBLEMS OF PEDAGOGY AND PSYCHOLOGY (Boston, USA 19 April, 2018). c. {cm. сборник}. https://scientific-conference.com/h/sborniki/pedagogicheskie-nauki2/1110-development-of-women.html
- 16. Кадиров Ш.Н. ФИЗИЧЕСКОЕ ВОСПИТАНИЕ КАК ФАКТОР УСПЕХА СТУДЕНТОВ// European research № 5 (52) / Сб. ст. по мат. «European Research: Innovation in Science, EducationandT echnology / Европейские научные исследования: инновации в науке, образовании и технологиях»: LII межд. науч.-практ. конф. (Лондон. Великобритания. 08 мая, 2019). https://internationalconference.ru/13-00-00-pedagogicheskie-nauki.html?type=atom&start=76
- 17. Касимова 3. Х. РАЗВИТИЕ ВАЖНЫХ ПСИХОЛОГИЧЕСКИХ КАЧЕСТВ В РУКОВОДИТЕЛЯ [DEVELOPMENT] личности OF IMPORTANT PSYCHOLOGICAL OUALITIES IN THE PERSONALITY OF THE LEADER] // LXXIV International Scientific Review of the Problems and Prospects of Modern Science and Education. https://scientific-conference.com/grafik/grafik-2020-pervoe-27 2020). polugodie.html (Boston. USA. -October, https://scientificconference.com/h/sborniki/pedagogicheskie-nauki2/2274-development-of-important-ps.html
- 18. Касимова 3. X. ОСОБЕННОСТИ НАЦИОНАЛЬНЫХ ЦЕННОСТЕЙ И МЕЖКУЛЬТУРНЫХ КОММУНИКАЦИЙ В СОДЕРЖАНИИ ГУМАНИТАРНОГО ОБРАЗОВАНИЯ // Вестник науки и образования №22(76), 2019.